



# VINEYARD VENTURES

TAKE A DAY TRIP INTO WINE COUNTRY TO SIP NEW-RELEASE VINTAGES AT THESE TASTING ROOMS WITH A VIEW

*Wine Jane Broughton*

## BOSCHENDAL

Thanks to new ownership, this iconic Cape estate has been transformed from the soil up, providing an authentic slice of farm life based on sustainable, natural principles. With meticulously restored Cape Dutch heritage buildings, designer self-catering cottages, a clutch of eateries - flagship Werf Restaurant complements a Cape buffet and generous picnics - a farm shop, deli, butchery and a

bakery, the estate offers a whole lot more than wine tasting.

Ranging from affordable quaffers to the more serious wines and excellent MCCs, Boschendal is for the Everyman and the connoisseurs alike. For a cellar tour or group tasting, advanced booking is best. 021 879 4210/11 [boschendal.co.za](http://boschendal.co.za)

**WINE TO TAKE HOME** Boschendal Estate Brut Red NV, R145

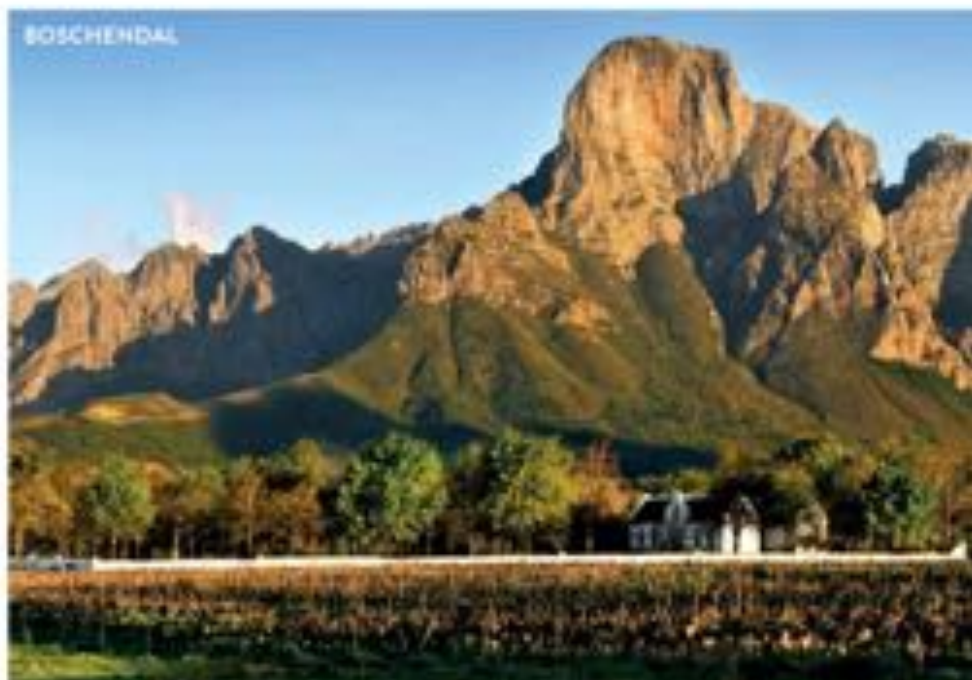
## When lounging under umbrellas on the lawns at Peter Falke, designer socks are the last thing on your mind

## PETER FALKE

When lounging under umbrellas on squishy beanbags on the immaculate lawns at Peter Falke, designer socks are the last thing on your mind!

The picturesque Gressenvlei farm, just off the Annandale Road, is one of the most laid-back settings in which to revel in the beauty of this exclusive pocket of Stellenbosch, set against the backdrop of the Helderberg mountains. Nothing beats arriving here in the late afternoon, tasting some wines and turning nibbles of cheese, nachos, salads and charcuterie into a late lunch or an early supper. Open until a considerate 7 pm on Tuesdays to Sundays, this is a hidden gem. 021 881 2677 [peterfalkewines.com](http://peterfalkewines.com)

**WINE TO TAKE HOME** Peter Falke Blanc de Noir 2015, R90



## WINE



### DELAIRE GRAFF ESTATE

This wine tasting lounge – 'tasting room' just does not aptly describe the beautiful maize leather sofas, the artfully displayed wine accoutrements for sale, and the vast artworks by big contemporary South African names – spills out on to a shady terrace with epic mountain views. Whether you prefer white or red wine, Delaire Graff is a crowd-pleasing venue for a relaxed yet informed wine tasting in sophisticated surroundings. It's best to phone ahead to order a selection of bite-sized eats, created by the winery's restaurant, to enjoy with the excellent wines. Open daily

021 885 8100 [delaire.co.za](http://delaire.co.za)

WINE TO TAKE HOME *Delaire Coastal*  
*Cape Sauvignon Blanc 2015, R120*

The wine  
tasting lounge  
– with artworks  
by big South  
African names –  
spills out on to  
a shady terrace  
with mountain  
views

### BEAU CONSTANTIA

From Beau Constantia's ultra-modern tasting room – a glass cube suspended above the Constantia valley – the views extend to False Bay and beyond on a clear day. After a wine tasting, descend one level to the wine bar and order a glass of your favourite wine from this family-owned boutique winery, complemented by sushi from the Sushi Box pop-up shop. Open daily from 10 am to 4:00 pm

021 794 8632 [beauconstantia.com](http://beauconstantia.com)

WINE TO TAKE HOME *Pou de Honc White*  
*2013, R90*

## WINE



TOKARA



RUST EN VREDE



NEWTON JOHNSON

### Overlooking rosebush-edged lawns, visitors follow a tasting of the iconic red wines with lunch under the oaks

#### TOKARA

Situated near the top of Heidsboogte Pass in Stellenbosch, Tokara's tasting room, a favourite among locals and foreigners alike, is always bustling. Both the wine tasting rooms and the restaurant have exquisite views looking out over the picturesque valley, surrounding mountains, endless vineyards and olive groves. And bonus: the tastings are free! With so many options to choose from (and at reasonable prices), you won't leave empty-handed.

021 808 2000 [tokara.co.za](http://tokara.co.za)

**WINE TO TAKE HOME** Tokara Director's Reserve 2011 Red, R250

#### RUST EN VREDE

Best known for its fine-dining restaurant, where chef John Shuttleworth continues to garner awards for his refined tasting menus, Rust en Vrede has a lesser known attraction: a casual, lunch-only eatery attached to the estate's sleek new winery and tasting centre. Here, overlooking rosebush-edged lawns and vineyards, visitors in the know follow a tasting of the estate's iconic red wines with lunch under the oaks. It's not unusual to spot

winemakers from other farms, as well as high-powered Stellenbosch businesspeople seated nearby. Tables are snapped up early for one of the simplest lunches, chalked up on a blackboard: a choice of steak or salmon, paired with a glass of Syrah or Steen.

021 881 3881 [rustenvrede.com](http://rustenvrede.com)

**WINE TO TAKE HOME** Rust en Vrede Estate 2012, R390

#### NEWTON JOHNSON

The wines produced in the cool-climate Hemel-en-Aarde valley have helped put local wines on the global map. Located in the upper reaches of the valley, as if wedged between heaven and Earth, Newton Johnson Family Vineyards enjoys panoramic views of beautiful vineyards, mountains and sea. Cooling coastal breezes from Walker Bay contribute to the winery's reputation for world-class Pinot Noir and Chardonnay, in particular. The intimate tasting room, with knowledgeable, chatty staff, adjoins a cutting-edge restaurant under Eric Bakpitt.

028 312 3862 [newtonjohnson.com](http://newtonjohnson.com)

**WINE TO TAKE HOME** Felicity Chardonnay 2015, R55